



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

American Red Cross Lifeguard Course

The American Red Cross lifeguard course will be run with a blended learning format. Participants will need to complete online lessons as well as in classroom/pool learning.

All participants will need the guard book and a CPR/AED mask by the first day of class, which is available for purchase at www.redcross.org. The cost of the course is \$115 for members and \$140 for non-Members. **Registration deadline is February 4, 2018** (register at the Chambersburg YMCA).

Questions can be directed to Angi Johnson, Aquatic Director at 717-263-8508 or ajohnson@chbggy.org.

All Classes are held at the Chambersburg YMCA at 570 E. McKinley Street, Chambersburg, PA 17201.

February 2018

Friday, Feb. 9	5:00 PM – 8:00 PM
Saturday, Feb. 10	9:00 PM – 5:00 PM
Friday, Feb. 16	5:00 PM – 8:00 PM
Saturday, Feb. 17	9:00 PM – 5:00 PM
Sunday, Feb. 18	1:30 PM – 5:00 PM



What you need:

- Be able to swim 300 yards, tread water for 2 minutes no hands
- Turn 15-years-old by the end of the course
- Guard book and CPR mask by the first day of class (www.redcross.org)
- An email address for participant
- Register with the Red Cross on the first night of class (instructor provide student with instructions after passing the prerequisites. There is a separate fee due to the Red Cross at time of on-line registration)

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