



EdK

THE DR. EDWIN H. SPONSELLER MEMORIAL 1/5/10K



Join us in honoring Ed Sponseller and his love for running... any age, any distance.

12:30 PM Registration Opens
2:00 PM Opening Ceremonies *followed by*
1K Track Walk/Run *followed by*
5/10 K

1K \$10 entry fee
Includes Participation Medal & Snack Box
5/10 K \$25 entry fee
\$30 race day entry
Includes t-shirt (guaranteed with registrations by 04.1.19)
*All participants will receive LIVESTRONG bracelet

REGISTER ONLINE TODAY AT edkrun.com

Proceeds benefit the LIVESTRONG® at the YMCA Program and local charities.

SUNDAY
April 14, 2019
CASHS
Trojan Stadium
1 / 5 / 10K

edkrun.com



NAME: _____ PHONE #: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

GENDER: M / F EMAIL: _____ D.O.B. _____ AGE ON RACE DAY: _____

SHIRT SIZE: ADULT S, M, L, XL, XXL

EVENT	ENTRY FEE	RACE DAY ENTRY
<input type="checkbox"/> 10K RACE	\$25.00	\$30.00
<input type="checkbox"/> 5K RACE	\$25.00	\$30.00
<input type="checkbox"/> 1K RACE	\$10.00	\$10.00

Release and Consent Form: In consideration of the acceptance of my entry/my child's entry. I for myself of my child, our executors, administrators and assignees do hereby release and discharge the organizer of this race and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event. Further, I hereby grant full permission to any/all of the foregoing to use my/my child's name, photographs, video tapes, motion pictures, recordings or any other record of the event for any legitimate purpose without compensation of remunerations.

Participant's Signature _____
(parent or guardian signature if under 18)

Please submit registration forms & payment to:
Chambersburg YMCA * 570 E. McKinley Street * Chambersburg, PA 17201