



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Fitness FriendzY



**Take advantage of the YMCA's
20/20 FitFriends Member
Referral Program during this
year's Fitness Friendzy!**

Do you have a friend who would like to try the Y? Well.....

October 29 through November 2, bring your B.F.F. (Best Fitness Friend) to try out the Chambersburg YMCA for FREE!

All participating members and guests will be entered into a drawing for a prize and have the chance to take advantage of our 20/20 FitFriends Program!

****All guests must be accompanied by a Y member 18 years of age or older during regular business hours and must report to the Welcome Center or Program Center desk upon arrival. For more information on Fitness Friendzy and the 20/20 FitFriends Member Referral Program ask a Y staff member.**