



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPORTS & RECREATION

ADULT VOLLEYBALL LEAGUE

YMCA members and non-members are welcome to join our men's, and coed volleyball leagues. Division of play include Co-ed A, B and Men's. The Fall/Winter playing season runs September through March with divisional tournaments held in January.

Cost: Members FREE
Non-members \$77.25/division
Non-members who play in both Men's and Co-Ed divisions receive a 40% discount on second non-member fee.

Members/Non-members \$175 per team
Meets: Co-Ed A Thurs 6:30 pm - 10:00 pm
Co-Ed B Tues 6:30 pm - 10:00 pm
Men's Mon 6:30 pm - 10:00 pm

MASTERS SWIMMING Y MEMBERS ONLY

An organized team of new and former competitive swimmers ages 19 and older who wish to improve their fitness and competitive swimming ability. Practices run year round. Freestyle ability required.

Cost: Members **FREE**

NOONTIME & EVENING BASKETBALL

Recreational basketball for members 19 years of age and older during noon and evening hours.

PICKLE BALL

Fun and exciting game that combines the best of tennis, badminton and ping-pong. Easy to learn and easy to play.

Cost: Members **FREE**
Non-members \$5.00 per visit
Punch Card \$40.00 for 10 visits

Meets: Mon-Thurs 1:00 - 3:00 pm
Friday 5:00 - 7:00 pm

GOLF LEAGUE

Played at Greencastle Greens Golf Course, two person teams play a handicapped match on a weekly basis. Eighteen team league capacity, which plays a scramble golf format.

Cost: Member/Non-member \$30 per person
Meets: Mon 5:20 pm - 8:15 pm
April - August

ULTIMATE LEAGUE

The Ultimate Frisbee League is for adults 9th grade and older. League is played during the fall and the spring/summer season on Saturday Mornings

Cost: \$10 per players on team

Meets: May - July
September—November

SPRING RACQUETBALL TOURNAMENTS

Competitive singles ladder tournament is held in early spring.

Cost: \$20-Member/ \$25-Nonmember per player
Meets: Late March-Late April
Singles Ladder Tournament

WallyBall

Open to members and non-members to come join the fun. it is played as a open pick-up format.

Cost: Free-Member/ \$7.50-Nonmember per visit
Meets: Tuesday 6:00-8:00
Saturday 9:30-11:30

