GYM SCHEDULE - Session 9 - 2023 - October 2nd - October 31st

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
K	5:30AM-9:00AM	5:30AM-9:00AM	5:30AM-9:00AM	5:30AM-9:00AM	5:30AM-9:00AM	7:00AM9:00AM	
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	
	9:00AM- I I:00AM PICKLEBALL	PICKLEBALL	9:00AM-11:00AM PICKLEBALL	PICKLEBALL	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	
N	ALL LEVELS 11:00AM-12:00 PM	ALL LEVELS 11:00AM-12:00 PM	ALL LEVELS 11:00AM-12:00 PM	ALL LEVELS 11:00AM-12:00 PM	ALL LEVELS 11:00AM-12:00 PM	ALL LEVELS 11:00AM-12:00PM	
G	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	12:00PM	
A							
L	ADULT BASKETBALL MEMBERS ONLY	30+ BASKETBALL MEMBERS ONLY	ADULT BASKETBALL MEMBERS ONLY	30+ BASKETBALL MEMBERS ONLY	ADULT BASKETBALL MEMBERS ONLY	OPEN GYM	1:00PM-2:00PM
E	MEMBERS UNLT	UNLT	MEMBERS UNLT	UNLY		*Y closes at 1:00pm	PICKLEBALL
Â	2:00PM-3:00PM	2:00PM-3:00PM	2:00PM-3:00PM	2:00PM-3:00PM	2:00PM-3:00PM		ALL LEVELS
N	ODEN CVM	ODEN CVM	ODEN CVM	ODEN CVM	OPEN GYM		2:00PM-3:00PM
"	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	UPEN GYM		PICKLEBALL
E	3:00PM-5:30PM	3:00PM-5:00 PM	3:00PM	3:00PM-4:00 PM	3:00PM-5:00PM		ALL LEVELS 3:00PM-4:00PM
R		YOUNG LIFE BASKETBALL	OPEN GYM	OPEN GYM	OPEN GYM		
	OPEN GYM	5:00PM-6:00PM	5:00PM-9:00PM	4:00-6:00PM	5:00PM-7:00PM		OPEN GYM
G		OPEN GYM	3.001 M 3.001 M	OPEN GYM	PICKLEBALL		4:00PM
Y	5:30PM-7:30PM	6:00PM-8:00PM		STER STA	ALL LEVELS		OPEN GYM
м			ODEN CVM	6:00PM-8:00PM	*Y closes at 7:00pm		*Y closes at 5:00pm
	PICKLEBALL	OPEN GYM	OPEN GYM	PICKLEBALL			
	INTERMEDIATE/ADVANCED	8:00PM		FICKLEBALL			
	LEVELS	OPEN GYM		ALL LEVELS			
	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	7:00AM9:00AM	
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
	7:00AM-8:00AM	7:00AM-8:00AM	7:00AM-8:00AM	7:00AM-8:00AM	7:30AM-8:00AM	9:00AM-11:00AM	
	BOOTCAMP CLASS	OPEN GYM	BOOTCAMP CLASS	OPEN GYM	OPEN GYM	OPEN GYM	
						*starts January 14th	
	8:00AM-9:00AM	8:00AM-12:00PM	8:00AM-12:00PM	8:00AM-12:00AM	8:00AM-12:00PM	11:00AM-1:00PM	
	OPEN GYM						
E	9:00AM-11:00AM						
D	PICKLEBALL	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
w	DECIMINED LEVEL					OPEN GTM	
A	BEGINNER LEVEL						
R	11:00PM-1:00PM	12:00PM-1:00PM	12:00PM-1:00PM	12:00AM-1:00PM	12:00PM-1:00PM		
D	OPEN GYM	OPEN GYM	HIIT FITNESS CLASS	OPEN GYM	OPEN GYM	*Y closes at 1:00pm	1:00PM-2:00PM
S	1:00PM-3:00PM	1:00PM-3:00PM	1: 30PM-3:30PM	1:00PM-3:00PM	1:00PM-3:00PM	·	
_	PICKLEBALL	PICKLEBALL	PICKLEBALL CLINIC	PICKLEBALL	PICKLEBALL		OPEN GYM
G Y M	ALL LEVELS	ALL LEVELS	Pre Registration Required	ALL LEVELS	ALL LEVELS		2:00PM-3:00PM
	3:00PM-6:00PM	3:00PM-6:00PM	3:30PM-5:30PM	3:00PM-6:00PM	3:00PM-7:00PM		OPEN GYM
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		3:00PM-4:00PM
	OI EIV GIM	OF EIT GTM	OI EIT GIM	OI EN GIM	*Y closes at 7:00pm		
	6:00-8:00PM	6:00PM-8:00PM	5:30PM-7:30PM	6:00PM-8:00PM			OPEN GYM
			PICKLEBALL CLINIC				4:00PM
	TAE KWON DO		Pre Registration Required				OPEN GYM
		FUTSAL REC	7:30PM-9:00PM	FUTSAL REC			
	8:00PM		OPEN GYM				*Y closes at 5:00pm
	OPEN GYM		O' EIV GTIM				
	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-6:30AM	5:30AM-6:30AM	5:30AM-6:30AM	5:30AM-6:30AM	5:30AM-6:30AM	7:00AM9:00AM	
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
F	6:30AM-8:30AM	6:30AM-8:30AM	6:30AM-8:30AM	6:30AM-8:30AM	6:30AM-8:30AM	9:00AM-11:00AM	
	BASFC	BASFC	BASFC	BASFC	BASFC	Pickleball	
	8:30AM - 9:00AM	8:30AM - 9:00AM	8:30AM - 9:00AM	8:30AM - 9:00AM	8:30AM - 9:00AM		
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	11:00AM-12:00PM	
	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM		
	PICKLEBALL 101	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	OPEN GYM	
	*HELD ON THE 2ND & 4TH MONDAYS	TICKLEDALL	I ICKLEDALL	FICKLEDALL	FICKLEDALL	OI LIN UTIM	
	*Must Preregister	ALL LEVELS	BEGINNER LEVEL	ALL LEVELS	BEGINNER LEVEL		
	11:00AM-1:00PM	11:00AM-11:00PM	11:00AM-11:00PM	11:00AM-11:00PM	11:00AM-1:00PM	*Y closes at 1:00pm	1:00PM-3:00PM
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		PICKLEBALL
S H E R G Y	OPEN UTM	OPEN GTM	OPEN UTM	OPEN GTM	OPEN UTIVI		ALL LEVELS
	1:00PM-3:00PM	1:00PM-3:00PM	1:30PM-3:30PM	1:00PM-3:00PM	1:00PM-3:00PM		3:00PM-4:00PM
	PICKLEBALL	PICKLEBALL	PICKLEBALL CLINIC	PICKLEBALL	PICKLEBALL		OPEN GYM
	ALL LEVELS	ALL LEVELS	Pre Registration Required	ALL LEVELS			
	3:00PM-4:00PM	3:00PM-4:00PM	3:30PM-4:00PM	3:00PM-4:00PM	3:00PM-4:00PM		4:00PM-5:00PM
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		OPEN GYM
	4.0004 5 2004	4.00DM 5.00DM	4.00014 5 30014	4.0004 5 3004	4:00PM-5:30PM		*Y closes at 5:00pm
	4:00PM-5:30PM	4:00PM-5:00PM	4:00PM-5:30PM	4:00PM-5:30PM	MYUC:C-MYUU:+		
	BASFC	OPEN GYM	OPEN GYM	BASFC	BASFC		
	5:00PM-6:00PM	5:00PM-6:00PM	5:30PM-7:30PM	5:30PM-6:00PM	5:30PM - 7:00PM		
	OPEN GYM	OPEN GYM	PICKLEBALL CLINIC	OPEN GYM	One-on-One Basketball		
	6:00PM-8:00PM	6:00PM-8:00PM	Pre Registration Required	6:00PM-8:00PM	Training		
	OPEN GYM	DICKLEDATA	7:30PM-9:00PM	DICKLEDATI	*Y closes at 7:00pm		
	• •	PICKLEBALL		PICKLEBALL			
	8:00PM-9:00PM	INTERMEDIATE (A.T	OPEN GYM				
	OPEN GYM	INTERMEDIATE/ADVANCED LEVELS		ALL LEVELS			
			** -1	1 ***			
	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm			UPDATED: 9/22/2023
	*Y closes at 9:00pm			Specific Dates/Events			UPDATED: 9/22/2023
		In	the event on inclement weat			n October 21st	OPDATED: 9/22/2023 SCHEDULE SUBJECT TO CHANGE