

K I N G A L E X A N D E R G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	7:00AM--9:00AM OPEN GYM	
	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	
	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00PM OPEN GYM	
	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY	12:00PM-2:00PM 30+ BASKETBALL MEMBERS ONLY	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY	12:00PM-2:00PM 30+ BASKETBALL MEMBERS ONLY	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY	12:00PM OPEN GYM	
	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	*Y closes at 1:00pm	1:00PM-2:00PM PICKLEBALL ALL LEVELS
	3:00PM-5:30PM OPEN GYM	3:00PM-5:00 PM YOUNG LIFE BASKETBALL	3:00PM OPEN GYM	3:00PM-4:00 PM OPEN GYM	3:00PM-5:00PM OPEN GYM		2:00PM-3:00PM PICKLEBALL ALL LEVELS
	5:30PM-7:30PM PICKLEBALL	6:00PM-8:00PM OPEN GYM	5:00PM-9:00PM OPEN GYM	4:00-6:00PM OPEN GYM	5:00PM-7:00PM PICKLEBALL ALL LEVELS *Y closes at 7:00pm		3:00PM-4:00PM OPEN GYM
INTERMEDIATE/ADVANCED LEVELS *Y closes at 9:00pm	8:00PM OPEN GYM *Y closes at 9:00pm	*Y closes at 9:00pm	6:00PM-8:00PM PICKLEBALL ALL LEVELS *Y closes at 9:00pm		4:00PM OPEN GYM *Y closes at 5:00pm		
E D W A R D S G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	7:00AM--9:00AM OPEN GYM	
	7:00AM-8:00AM BOOTCAMP CLASS	7:00AM-8:00AM OPEN GYM	7:00AM-8:00AM BOOTCAMP CLASS	7:00AM-8:00AM OPEN GYM	7:30AM-8:00AM OPEN GYM	9:00AM-11:00AM OPEN GYM	
	8:00AM-9:00AM OPEN GYM	8:00AM-12:00PM	8:00AM-12:00PM	8:00AM-12:00AM	8:00AM-12:00PM	11:00AM-1:00PM	
	9:00AM-11:00AM PICKLEBALL BEGINNER LEVEL	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
	11:00PM-1:00PM OPEN GYM	12:00PM-1:00PM OPEN GYM	12:00PM-1:00PM HIIT FITNESS CLASS	12:00AM-1:00PM OPEN GYM	12:00PM-1:00PM OPEN GYM	*Y closes at 1:00pm	1:00PM-2:00PM
	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL	1: 30PM-3:30PM PICKLEBALL CLINIC	1:00PM-3:00PM PICKLEBALL	1:00PM-3:00PM PICKLEBALL		OPEN GYM
	3:00PM-6:00PM OPEN GYM	3:00PM-6:00PM OPEN GYM	Pre Registration Required 3:30PM-5:30PM OPEN GYM	3:00PM-6:00PM OPEN GYM	3:00PM-7:00PM OPEN GYM		2:00PM-3:00PM OPEN GYM
	6:00-8:00PM TAE KWON DO	6:00PM-8:00PM	5:30PM-7:30PM PICKLEBALL CLINIC	6:00PM-8:00PM	*Y closes at 7:00pm		3:00PM-4:00PM OPEN GYM
	8:00PM OPEN GYM	FUTSAL REC	Pre Registration Required 7:30PM-9:00PM OPEN GYM	FUTSAL REC			4:00PM OPEN GYM
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm			*Y closes at 5:00pm	
F I S H E R G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	7:00AM--9:00AM OPEN GYM	
	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	9:00AM-11:00AM Pickleball	
	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	11:00AM-12:00PM	
	9:00AM-11:00AM PICKLEBALL 101 *HELD ON THE 2ND & 4TH MONDAYS *Must Preregister	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL BEGINNER LEVEL	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL BEGINNER LEVEL	OPEN GYM	
	11:00AM-1:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-1:00PM OPEN GYM	*Y closes at 1:00pm	
	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:30PM-3:30PM PICKLEBALL CLINIC	1:00PM-3:00PM PICKLEBALL	1:00PM-3:00PM PICKLEBALL	1:00PM-3:00PM PICKLEBALL ALL LEVELS	
	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	Pre Registration Required 3:30PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	
	4:00PM-5:30PM BASFC	4:00PM-5:00PM OPEN GYM	4:00PM-5:30PM OPEN GYM	4:00PM-5:30PM BASFC	4:00PM-5:30PM BASFC	4:00PM-5:00PM OPEN GYM *Y closes at 5:00pm	
	5:00PM-6:00PM OPEN GYM	5:00PM-6:00PM OPEN GYM	5:30PM-7:30PM PICKLEBALL CLINIC	5:30PM-6:00PM OPEN GYM	5:30PM - 7:00PM One-on-One Basketball Training		
	6:00PM-8:00PM OPEN GYM	6:00PM-8:00PM PICKLEBALL	Pre Registration Required 7:30PM-9:00PM OPEN GYM	6:00PM-8:00PM PICKLEBALL	*Y closes at 7:00pm		
	8:00PM-9:00PM OPEN GYM *Y closes at 9:00pm	INTERMEDIATE/ADVANCED LEVELS 					