## GYM SCHEDULE - 2024 - April 13th- April 30th

	MONDAY	TUESDAY		LE - 2024 - April 13 THURSDAY	FRIDAY	SATURDAY	CUMPAY
	MONDAY 5:30AM-9:00AM OPEN GYM	TUESDAY 5:30AM-9:00AM OPEN GYM	WEDNESDAY 5:30AM-9:00AM OPEN GYM	THURSDAY 5:30AM-9:00AM OPEN GYM	FRIDAY 5:30AM-9:00AM OPEN GYM	SATURDAY 7:00AM9:00AM Pickelball	SUNDAY
ĸ	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM Volleyball Clinic	
N G	ALL LEVELS 11:00AM-12:00 PM OPEN GYM	ALL LEVELS 11:00AM-12:00 PM OPEN GYM	ALL LEVELS 11:00AM-12:00 PM OPEN GYM	ALL LEVELS 11:00AM-12:00 PM OPEN GYM	ALL LEVELS 11:00AM-12:00 PM OPEN GYM	Pre Registration Required 11:00AM-12:00PM Open Gym	-
A	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	12:00PM	-
L E	ADULT BASKETBALL MEMBERS ONLY NO GUESTS	Adult Basketball Open Gym	ADULT BASKETBALL MEMBERS ONLY NO GUESTS	Adult Basketball Open Gym	ADULT BASKETBALL MEMBERS ONLY NO GUESTS	Open Gym	1:00PM-2:00PM
x	2:00PM-3:00PM	2:00PM-3:00PM	2:00PM-3:00PM	2:00PM-3:00PM	2:00PM-3:00PM	*Y closes at 1:00pm	PICKLEBALL ALL LEVELS
A N D	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		2:00PM-3:00PM PICKLEBALL ALL LEVELS
E R	3:00PM-5:30PM	3:00PM-5:00 PM	3:00PM-5:15PM	3:00PM-4:00 PM	3:00PM-5:00PM		3:00PM-4:00PM
	OPEN GYM	YOUNG LIFE BASKETBALL 5:00PM-6:00PM	OPEN GYM 5:00PM-9:00PM	OPEN GYM 4:00-6:00PM	OPEN GYM 5:00PM-7:00PM		OPEN GYM
G Y	5 200M 7 200M	OPEN GYM	-	OPEN GYM	Open Gym		4:00PM OPEN GYM
м	5:30PM-7:30PM PICKLEBALL	6:00PM-8:00PM OPEN GYM	Corporate Basketball League	6:00PM-8:00PM	*Y closes at 7:00pm		*Y closes at 5:00pm
	INTERMEDIATE/ADVANCED	8:00PM	-	PICKLEBALL			
	LEVELS *Y closes at 9:00pm	OPEN GYM *Y closes at 9:00pm	*Y closes at 9:00pm	ALL LEVELS *Y closes at 9:00pm			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	7:00AM9:00AM Open Gym	
-	7:00AM-8:00AM	7:00AM-8:00AM	7:00AM-8:00AM	7:00AM-8:00AM	7:30AM-8:00AM	9:00AM-11:00AM	-
	BOOTCAMP CLASS	OPEN GYM	BOOTCAMP CLASS	OPEN GYM	OPEN GYM	Pickleball	
-	8:00AM-9:00AM OPEN GYM	8:00AM-12:00PM	8:00AM-12:00PM	8:00AM-12:00AM	8:00AM-12:00PM	11:00AM-1:00PM	-
E D W	9:00AM-11:00AM PICKLEBALL	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	Open Gym	
A	BEGINNER LEVEL						
R D S	11:00PM-1:00PM OPEN GYM	12:00PM-1:00PM OPEN GYM	12:00PM-1:00PM HIIT FITNESS CLASS	12:00AM-1:00PM OPEN GYM	12:00PM-1:00PM OPEN GYM	*Y closes at 1:00pm	1:00PM-2:00PM
G	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1: 30PM-3:30PM OPEN GYM	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS		OPEN GYM 2:00PM-3:00PM
Y M	3:00PM-6:00PM	3:00PM-6:00PM	3:30PM-5:30PM OPEN GYM	3:00PM-6:00PM Pickleball CASD	3:00PM-5:30PM OPEN GYM		OPEN GYM 3:00PM-4:00PM
-	6:00-8:00PM	6:00PM-8:00PM	5:30PM-7:30PM	6:00PM-8:00PM	5:30 PM-7:00 PM		OPEN GYM
	TAE KWON DO		OPEN GYM		Pickleball		4:00PM OPEN GYM
-	8:00PM OPEN GYM	FUTSAL REC	7:30PM-9:00PM OPEN GYM	FUTSAL REC	*Y closes at 7:00pm		*Y closes at 5:00pm
	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	7:00AM8:45AM Open Gym	
-	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	8:45AM-10:00AM	-
-	8:30AM - 9:00AM	8:30AM - 9:00AM	8:30AM - 9:00AM	8:30AM - 9:00AM	8:30AM - 9:00AM	Mini & Big Soccer Pre Registration required	
	OPEN GYM 9:00AM-11:00AM	OPEN GYM 9:00AM-11:00AM	OPEN GYM 9:00AM-11:00AM	OPEN GYM 9:00AM-11:00AM	OPEN GYM 9:00AM-11:00AM	10:00AM-12:00PM	-
	PICKLEBALL 101 *HELD ON THE 2ND & 4TH	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	Youth Basketball Pre Registration required 12:00PM-1:00PM	-
F	MONDAYS *Must Preregister 11:00AM-1:00PM	ALL LEVELS 11:00AM-11:00PM	BEGINNER LEVEL 11:00AM-11:00PM	ALL LEVELS 11:00AM-11:00PM	BEGINNER LEVEL 11:00AM-1:00PM	Open Gym *Y closes at 1:00pm	-
5	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		1:00PM-3:30PM PICKLEBALL ALL LEVELS
H E	1:00PM-3:00PM	1:00PM-3:00PM	1:30PM-3:30PM	1:00PM-3:00PM	1:00PM-3:00PM		3:30PM-4:30PM
R	PICKLEBALL ALL LEVELS	PICKLEBALL ALL LEVELS	Pickleball Clinic Pre Registration Required	PICKLEBALL ALL LEVELS	PICKLEBALL		One on One Basketball Training
G	3:00PM-4:00PM	3:00PM-4:00PM	3:30PM-5:30PM Pickleball Clinic	3:00PM-4:00PM	3:00PM-4:00PM		4:00PM-5:00PM OPEN GYM
Y M	OPEN GYM	OPEN GYM	Pre Registration Required	OPEN GYM	OPEN GYM		*Y closes at 5:00pm
	4:00PM-5:30PM BASFC	4:00PM-5:00PM	5:30PM-8:00PM OPEN GYM	4:00PM-5:30PM BASFC	4:00PM-5:30PM BASFC		
1	5:30PM-7:30PM	5:00PM-6:00PM	8:00PM-9:00PM	5:30PM-8:00PM	5:30PM - 7:00PM		
-	Pickleball Clinic	OPEN GYM	OPEN GYM	OPEN GYM (for Basketball)	One- One Basketball Training		
	Pre Registration Required		1	8:00PM-9:00PM			
-	Pre Registration Required 7:30PM-9:00PM OPEN GYM *Y closes at 9:00pm	6:00PM-8:00PM PICKLEBALL	*Y closes at 9:00pm	PICKLEBALL	*Y closes at 7:00pm		
-	7:30PM-9:00PM OPEN GYM	PICKLEBALL INTERMEDIATE/ADVANCED	*Y closes at 9:00pm	PICKLEBALL ALL LEVELS	Y closes at 7:00pm		
	7:30PM-9:00PM OPEN GYM	PICKLEBALL			Y closes at 7:00pm		UPDATED: 9/22/202