

**GYM SCHEDULE - 2024 - May 1st- May 12th**

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
	K I N R G  A L E X A N D E R  G Y M	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	5:30AM-9:00AM OPEN GYM	7:00AM--9:00AM Pickleball							
9:00AM-11:00AM PICKLEBALL ALL LEVELS		9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM Pickleball								
11:00AM-12:00 PM OPEN GYM		11:00AM-12:00 PM OPEN GYM	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00 PM OPEN GYM	11:00AM-12:00PM Open Gym								
12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS		12:00PM-2:00PM Adult Basketball Open Gym	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00PM Adult Basketball Open Gym	12:00PM-2:00PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM Open Gym	1:00PM-2:00PM PICKLEBALL ALL LEVELS 2:00PM-3:00PM PICKLEBALL ALL LEVELS 3:00PM-4:00PM OPEN GYM 4:00PM OPEN GYM *Y closes at 5:00pm						
2:00PM-3:00PM OPEN GYM		2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	*Y closes at 1:00pm							
3:00PM-5:30PM OPEN GYM		3:00PM-5:00 PM YOUNG LIFE BASKETBALL	3:00PM-5:15PM OPEN GYM	3:00PM-5:00 PM YOUNG LIFE BASKETBALL	3:00PM-5:15PM OPEN GYM	3:00PM-4:00 PM OPEN GYM	3:00PM-5:00PM OPEN GYM	3:00PM-4:00 PM OPEN GYM	3:00PM-5:00PM OPEN GYM	3:00PM-5:00PM OPEN GYM	3:00PM-5:00PM OPEN GYM							
5:30PM-7:30PM PICKLEBALL INTERMEDIATE/ADVANCED LEVELS *Y closes at 9:00pm		5:00PM-6:00PM OPEN GYM	5:00PM-9:00PM Singles Pickleball	5:00PM-6:00PM OPEN GYM	5:00PM-9:00PM Singles Pickleball	4:00-6:00PM OPEN GYM	5:00PM-7:00PM Open Gym	4:00-6:00PM OPEN GYM	5:00PM-7:00PM Open Gym	5:00PM-7:00PM Open Gym	*Y closes at 7:00pm							
	6:00PM-8:00PM OPEN GYM	8:00PM OPEN GYM *Y closes at 9:00pm	6:00PM-8:00PM OPEN GYM	8:00PM OPEN GYM *Y closes at 9:00pm	6:00PM-8:00PM PICKLEBALL ALL LEVELS *Y closes at 9:00pm		6:00PM-8:00PM PICKLEBALL ALL LEVELS *Y closes at 9:00pm											
E D W A R D S  G Y M	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	7:00AM--9:00AM Open Gym								
	7:00AM-8:00AM BOOTCAMP CLASS	7:00AM-8:00AM OPEN GYM	7:00AM-8:00AM BOOTCAMP CLASS	7:00AM-8:00AM OPEN GYM	7:00AM-8:00AM BOOTCAMP CLASS	7:00AM-8:00AM OPEN GYM	7:00AM-8:00AM OPEN GYM	7:30AM-8:00AM OPEN GYM	7:30AM-8:00AM OPEN GYM	9:00AM-11:00AM Pickleball								
	8:00AM-9:00AM OPEN GYM	8:00AM-12:00PM OPEN GYM	8:00AM-12:00PM OPEN GYM	8:00AM-12:00PM OPEN GYM	8:00AM-12:00PM OPEN GYM	8:00AM-12:00PM OPEN GYM	8:00AM-12:00PM OPEN GYM	8:00AM-12:00PM OPEN GYM	8:00AM-12:00PM OPEN GYM	8:00AM-12:00PM OPEN GYM					11:00AM-1:00PM Open Gym			
	9:00AM-11:00AM PICKLEBALL BEGINNER LEVEL	12:00PM-1:00PM OPEN GYM	12:00PM-1:00PM HIIT FITNESS CLASS	12:00PM-1:00PM OPEN GYM	12:00PM-1:00PM HIIT FITNESS CLASS	12:00AM-1:00PM OPEN GYM	12:00PM-1:00PM OPEN GYM	12:00AM-1:00PM OPEN GYM	12:00PM-1:00PM OPEN GYM	12:00PM-1:00PM OPEN GYM	*Y closes at 1:00pm	1:00PM-2:00PM OPEN GYM 2:00PM-3:00PM OPEN GYM 3:00PM-4:00PM OPEN GYM 4:00PM OPEN GYM *Y closes at 5:00pm						
	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:30PM-3:30PM OPEN GYM	1:30PM-3:30PM OPEN GYM	1:30PM-3:30PM OPEN GYM	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS								
	3:00PM-6:00PM OPEN GYM	3:00PM-6:00PM OPEN GYM	3:30PM-5:30PM OPEN GYM	3:30PM-6:00PM OPEN GYM	3:30PM-5:30PM OPEN GYM	3:00PM-6:00PM Pickleball CASD	3:00PM-6:00PM OPEN GYM	3:00PM-6:00PM Pickleball CASD	3:00PM-6:00PM OPEN GYM	3:00PM-6:00PM OPEN GYM								
	6:00-8:00PM TAE KWON DO	6:00PM-8:00PM FUTSAL REC	5:30PM-7:30PM OPEN GYM	6:00PM-8:00PM FUTSAL REC	5:30PM-7:30PM OPEN GYM	6:00PM-8:00PM FUTSAL REC	6:00PM-8:00PM FUTSAL REC	6:00PM-8:00PM FUTSAL REC	6:00PM-8:00PM FUTSAL REC	6:00PM-8:00PM FUTSAL REC	5:30 PM-7:00 PM Pickleball *Y closes at 7:00pm							
8:00PM OPEN GYM *Y closes at 9:00pm	8:00PM OPEN GYM *Y closes at 9:00pm	7:30PM-9:00PM OPEN GYM	8:00PM OPEN GYM *Y closes at 9:00pm	7:30PM-9:00PM OPEN GYM														
F I S H E R  G Y M	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	5:30AM-6:30AM OPEN GYM	7:00AM--8:45AM Open Gym								
	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	6:30AM-8:30AM BASFC	8:45AM-10:00AM Open Basketball								
	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM	8:30AM - 9:00AM OPEN GYM					10:00AM-12:00PM Open Basketball			
	9:00AM-11:00AM PICKLEBALL 101 *HELD ON THE 2ND & 4TH MONDAYS *Must Preregister	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL BEGINNER LEVEL	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL BEGINNER LEVEL	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL BEGINNER LEVEL	9:00AM-11:00AM PICKLEBALL BEGINNER LEVEL	12:00PM-1:00PM Open Gym	1:00PM-3:30PM PICKLEBALL ALL LEVELS 3:30PM-4:30PM One on One Basketball Training 4:00PM-5:00PM OPEN GYM *Y closes at 5:00pm					
	11:00AM-1:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-1:00PM OPEN GYM	*Y closes at 1:00pm							
	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:30PM-3:30PM Pickleball Clinic Pre Registration Required	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:30PM-3:30PM Pickleball Clinic Pre Registration Required	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS								
	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:30PM-5:30PM Pickleball Clinic Pre Registration Required	3:00PM-4:00PM OPEN GYM	3:30PM-5:30PM Pickleball Clinic Pre Registration Required	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM								
4:00PM-5:30PM BASFC	4:00PM-5:00PM OPEN GYM	5:30PM-8:00PM OPEN BASKETBALL	4:00PM-5:30PM BASFC	5:30PM-8:00PM OPEN BASKETBALL	4:00PM-5:30PM BASFC	4:00PM-5:30PM BASFC	4:00PM-5:30PM BASFC	4:00PM-5:30PM BASFC	4:00PM-5:30PM BASFC									
5:30PM-7:30PM Pickleball Clinic Pre Registration Required	5:00PM-6:00PM OPEN GYM	8:00PM-9:00PM OPEN BASKETBALL	5:30PM-8:00PM OPEN GYM (for Basketball)	8:00PM-9:00PM OPEN BASKETBALL	5:30PM-8:00PM OPEN GYM (for Basketball)	5:30PM-8:00PM OPEN GYM (for Basketball)	5:30PM-8:00PM OPEN GYM (for Basketball)	5:30PM-8:00PM OPEN GYM (for Basketball)	5:30PM-8:00PM OPEN GYM (for Basketball)	5:30PM-8:00PM OPEN GYM (for Basketball)	One- One Basketball Training							
7:30PM-9:00PM OPEN GYM *Y closes at 9:00pm	6:00PM-8:00PM PICKLEBALL INTERMEDIATE/ADVANCED LEVELS *Y closes at 9:00pm	*Y closes at 9:00pm	8:00PM-9:00PM PICKLEBALL ALL LEVELS *Y closes at 9:00pm	*Y closes at 9:00pm	8:00PM-9:00PM PICKLEBALL ALL LEVELS *Y closes at 9:00pm	8:00PM-9:00PM PICKLEBALL ALL LEVELS *Y closes at 9:00pm	8:00PM-9:00PM PICKLEBALL ALL LEVELS *Y closes at 9:00pm	8:00PM-9:00PM PICKLEBALL ALL LEVELS *Y closes at 9:00pm	8:00PM-9:00PM PICKLEBALL ALL LEVELS *Y closes at 9:00pm	*Y closes at 7:00pm								

*Specific Dates/Events*

UPDATED: 9/22/2023

SCHEDULE SUBJECT TO CHANGE