

GYM SCHEDULE - 2026 - January 31st - February 16th **NEW HOURS**

K I N G A L E X A N D E R G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	7:00AM-9:00AM	UPDATED 01/30/2026
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	
	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	9:00AM-11:00AM	
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	PICKLEBALL	12:00PM-1:00PM
	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00PM Adult Basketball Open Gym	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00PM Adult Basketball Open Gym	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	PICKLEBALL	OPEN GYM
	2:00PM-5:30PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-3:00PM OPEN GYM	2:00PM-5:30PM	2:00PM-7:00PM	11:00AM-4:00PM	1:00PM-3:00PM
	5:30PM-9:00PM	YOUNG LIFE BASKETBALL	3:00PM-5:00PM OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
	PICKLEBALL	5:00PM-5:30PM OPEN GYM	5:30PM-7:00PM SAMS Program/Open Gym If not used	5:30PM-9:00PM CORPORATE BASKETBALL	5:00PM-9:00PM OPEN GYM	*Y closes at 8:00pm	ALL LEVELS
	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm		3:00PM-5:00PM
E D W A R D G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM OPEN GYM	5:30AM-12:30PM	5:30AM-7:00AM OPEN GYM	5:30AM-1:00PM	5:30AM-12:30PM	7:00AM-9:00AM	
	7:00AM-8:00AM BOOTCAMP CLASS		7:00AM-8:00AM BOOTCAMP CLASS			7:00AM-9:00AM	
	8:00AM-1:00PM OPEN GYM		8:00AM-12:00PM OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	11:00AM-12:30PM
	1:00PM-3:00 PM OPEN GYM		OPEN GYM				SPECIAL OLYMPICS VOLLEYBALL
	3:00PM-5:00PM Pickleball		12:00PM-1:00PM HIIT FITNESS CLASS	1:00PM-3:00PM OPEN GYM			12:00PM-1:00PM
	5:00PM-6:00PM OPEN GYM	12:30PM-3:30PM OPEN GYM	1:00PM-3:00PM OPEN GYM	3:00PM-5:00PM Pickleball	12:30PM-3:30PM OPEN GYM		OPEN GYM
		3:30PM-5:00PM Pickleball	3:00PM-5:00PM Pickleball	5:00PM-6:00PM OPEN GYM	3:30PM-5:30PM Pickleball		1:00PM-3:00PM
	6:00-8:00PM TAE KWON DO	5:00PM-6:00PM OPEN GYM	5:00PM-6:00PM OPEN GYM	6:00PM-8:00PM FUTSAL REC	5:30 PM-7:00 PM Pickleball		ALL LEVELS
	8:00-9:00PM OPEN GYM	6:00-8:00PM GYM & SWIM	6:00PM-7:00PM OPEN GYM	7:00PM-9:00PM OPEN GYM	8:00-9:00PM OPEN GYM		3:00PM-5:00PM
	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm				OPEN GYM
							*Y closes at 5:00pm
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
F I S H E R G Y M	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	7:00AM-8:30AM	
	7:00AM-9:00AM BEFORE AND AFTER SCHOOL PROGRAM	7:00AM-9:00AM BEFORE AND AFTER SCHOOL PROGRAM	7:00AM-9:00AM BEFORE AND AFTER SCHOOL PROGRAM	7:00AM-9:00AM BEFORE AND AFTER SCHOOL PROGRAM	7:00AM-9:00AM BEFORE AND AFTER SCHOOL PROGRAM	8:30AM-10:00AM	
	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	Mini & Big Basketball	
	BEGINNER LEVEL ALL LEVELS		BEGINNER LEVEL ALL LEVELS		BEGINNER LEVEL ALL LEVELS	10:00AM-12:00PM	
	11:00AM-1:00PM PICKLEBALL	11:00AM-1:00PM PICKLEBALL	11:00AM-1:00PM PICKLEBALL	11:00AM-1:00PM PICKLEBALL	11:00AM-1:00PM PICKLEBALL	Soccer Skills Workshop	12:00PM-1:00PM
	1:00PM-3:00PM PICKLEBALL	1:00PM-3:00PM OPEN GYM	1:00PM-3:00PM PICKLEBALL	1:00PM-3:00PM OPEN GYM	1:00PM-3:00PM OPEN GYM		OPEN GYM
	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM		1:00PM-3:00PM
	4:00PM-5:30PM BEFORE AND AFTER SCHOOL PROGRAM	4:00PM-5:30PM BEFORE AND AFTER SCHOOL PROGRAM	4:00PM-5:30PM BEFORE AND AFTER SCHOOL PROGRAM	4:00PM-5:30PM BEFORE AND AFTER SCHOOL PROGRAM	4:00PM-5:00PM BEFORE AND AFTER SCHOOL PROGRAM	PICKLEBALL	PICKLEBALL
	5:30PM-07:30PM OPEN GYM	5:30PM-7:00PM PICKLEBALL	5:30PM-9:00PM PICKLEBALL	5:30PM-9:00PM PICKLEBALL	5:00PM-7:00PM OPEN GYM	*Y closes at 4:00pm	*Y closes at 5:00pm
	7:30PM-9:00PM OPEN GYM	7:00PM-9:00PM PICKLEBALL					
	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm			

Specific Dates/Events (GYM Schedule will be affected)

 Special Olympics Volleyball will be in Edwards Gym from 11:00-12:30 PM every Saturday
 Corporate Basketball Starts on January 7th. Wednesday Night Gym Availability is limited as a result.

SCHEDULE SUBJECT TO CHANGE