

GYM SCHEDULE - 2026 - January 31st - February 16th ****NEW HOURS****

K I N G A L E X A N D E R G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	7:00AM-9:00AM	UPDATED 01/30/2026
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	
	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	9:00AM-11:00AM	12:00PM-1:00PM
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		OPEN GYM
	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	PICKLEBALL	1:00PM-3:00PM
	ADULT BASKETBALL MEMBERS ONLY NO GUESTS	Adult Basketball Open Gym	ADULT BASKETBALL MEMBERS ONLY NO GUESTS	Adult Basketball Open Gym	ADULT BASKETBALL MEMBERS ONLY NO GUESTS		
	2:00PM-5:30PM	2:00PM-3:00PM	2:00PM-3:00PM	2:00PM-5:30PM	2:00PM-7:00PM	11:00AM-4:00PM	OPEN GYM
	OPEN GYM	OPEN GYM	OPEN GYM			OPEN GYM	ALL LEVELS
	5:30PM-9:00PM	3:00PM-5:00PM	3:00PM-5:00PM	OPEN GYM	OPEN GYM	*Y closes at 4:00pm	3:00PM-5:00PM
PICKLEBALL	YOUNG LIFE BASKETBALL	OPEN GYM					OPEN GYM
	5:00PM-5:30PM OPEN GYM	PRE REGISTRATION REQUIRED					
	5:30PM-7:00PM	5:30PM-9:00PM	5:00PM-9:00PM	*Y closes at 8:00pm		*Y closes at 5:00pm	
	SAMS Program/Open Gym if not used						
	7:00PM-9:00PM OPEN GYM	CORPORATE BASKETBALL	OPEN GYM				
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm				

E D W A R D S G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM	5:30AM-12:30PM	5:30AM-7:00AM	5:30AM-1:00PM	5:30AM-12:30PM	7:00AM-9:00AM	
	OPEN GYM		OPEN GYM			PICKLEBALL	
	7:00AM-8:00AM		7:00AM-8:00AM			7:00AM-9:00AM	
	BOOTCAMP CLASS		BOOTCAMP CLASS			OPEN GYM	
	8:00AM-1:00PM		8:00AM-12:00PM	OPEN GYM		11:00AM-12:30PM	
	OPEN GYM	OPEN GYM			OPEN GYM	SPECIAL OLYMPICS VOLLEYBALL	
	1:00PM-3:00 PM		OPEN GYM				12:00PM-1:00PM
	OPEN GYM		12:00PM-1:00PM	1:00PM-3:00PM		12:30PM-4:00PM	OPEN GYM
	3:00PM-5:00PM		HIIT FITNESS CLASS	OPEN GYM		OPEN GYM	1:00PM-3:00PM
Pickleball							
5:00PM-6:00PM	12:30PM-3:30PM	1:00PM-3:00PM	3:00PM-5:00PM	12:30PM-3:30PM	*Y closes at 4:00pm	PICKLEBALL	
OPEN GYM	OPEN GYM	OPEN GYM	Pickleball	OPEN GYM			
	3:30PM-5:00PM	3:00PM-5:00PM		3:30PM-5:30PM		ALL LEVELS	
	Pickleball	Pickleball	5:00PM-6:00PM	Pickleball		3:00PM-5:00PM	
6:00-8:00PM	5:00PM-6:00PM	5:00PM-6:00PM	OPEN GYM	ALL LEVELS			
TAE KWON DO	OPEN GYM	OPEN GYM		5:30 PM-7:00 PM			
	6:00-8:00PM	6:00PM-7:00PM	6:00PM-8:00PM	Pickleball		OPEN GYM	
8:00-9:00PM	FUTSAL REC	GYM & SWIM	FUTSAL REC	*Y closes at 8:00pm			
OPEN GYM	7:00PM-9:00PM	OPEN GYM	8:00-9:00PM			*Y closes at 5:00pm	
OPEN GYM	8:00-9:00PM	OPEN GYM	OPEN GYM				
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm					

F I S H E R G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	7:00AM-8:30AM	
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN BASKETBALL	
	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	8:30AM-10:00AM	
	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	Mini & Big Basketball	
	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	10:00AM-12:00PM	
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	Soccer Skills Workshop	12:00PM-1:00PM
	BEGINNER LEVEL	ALL LEVELS	BEGINNER LEVEL	ALL LEVELS	BEGINNER LEVEL	PRE REGISTRATION REQUIRED	OPEN GYM
	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	12:00PM-1:00PM	1:00PM-3:00PM
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL		PICKLEBALL
1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	OPEN GYM	ALL LEVELS	
PICKLEBALL	OPEN GYM	PICKLEBALL	OPEN GYM	OPEN GYM		3:00PM-5:00PM	
3:00PM-4:00PM	3:00PM-4:00PM		3:00PM-4:00PM	3:00PM-4:00PM		PICKLEBALL	
OPEN GYM	OPEN GYM	3:00PM-4:00PM OPEN GYM	OPEN GYM	OPEN GYM	1:00PM-3:00PM	*Y closes at 5:00pm	
4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:00PM	PICKLEBALL		
BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	3:00PM-4:00PM		
					OPEN GYM		
5:30PM-07:30PM	5:30PM-7:00PM	5:30PM-9:00PM	5:30PM-9:00PM	5:00PM-7:00PM	*Y closes at 4:00pm		
OPEN GYM	PICKLEBALL			OPEN GYM			
				*Y closes at 8:00pm			
7:30PM-9:00PM	7:00PM-9:00PM	CORPORATE BASKETBALL	PICKLEBALL				
OPEN GYM	PICKLEBALL						
			INTERMEDIATE/ADVANCED LEVELS				
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm				

Specific Dates/Events (GYM Schedule will be affected)

Special Olympics Volleyball will be in Edwards Gym from 11:00-12:30 PM every Saturday

Corporate Basketball Starts on January 7th. Wednesday Night Gym Availability is limited as a result.

SCHEDULE SUBJECT TO CHANGE