

GYM SCHEDULE - 2026 - January 20th - JANUARY 31st **NEW HOURS**

| K I N G A L E X A N D E R G Y M | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|--|--|---|--|---------------------|--------------------|
| | 5:30AM-11:00AM | 5:30AM-11:00AM | 5:30AM-11:00AM | 5:30AM-11:00AM | 5:30AM-11:00AM | 7:00AM-9:00AM | UPDATED 01/15/2025 |
| | PICKLEBALL | PICKLEBALL | PICKLEBALL | PICKLEBALL | PICKLEBALL | PICKLEBALL | |
| | 11:00AM-12:00PM | 11:00AM-12:00PM | 11:00AM-12:00PM | 11:00AM-12:00PM | 11:00AM-12:00PM | 9:00AM-11:00AM | |
| | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | PICKLEBALL | 12:00PM-1:00PM |
| | 12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS | 12:00PM-2:00PM Adult Basketball Open Gym | 12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS | 12:00PM-2:00PM Adult Basketball Open Gym | 12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS | PICKLEBALL | OPEN GYM |
| | 2:00PM-5:30PM OPEN GYM | 2:00PM-3:00PM OPEN GYM | 2:00PM-3:00PM OPEN GYM | 2:00PM-5:30PM | 2:00PM-7:00PM | 11:00AM-4:00PM | 1:00PM-3:00PM |
| | 5:30PM-9:00PM | 3:00PM-5:00PM YOUNG LIFE BASKETBALL | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM |
| | PICKLEBALL | 5:00PM-5:30PM OPEN GYM | PRE REGISTRATION REQUIRED | 5:00PM-9:00PM | *Y closes at 7:00pm | *Y closes at 4:00pm | ALL LEVELS |
| | *Y closes at 9:00pm | 5:30PM-7:00PM SAMS Program/Open Gym If not used | CORPORATE BASKETBALL | 5:00PM-9:00PM | OPEN GYM | | 3:00PM-5:00PM |
| *Y closes at 9:00pm | | *Y closes at 9:00pm | | *Y closes at 9:00pm | | *Y closes at 5:00pm | |

| E D W A R D G Y M | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---------------------------------|----------------------------|--------------------------------------|-----------------------------|-------------------------------|-----------------------------------|---------------------|
| | 5:30AM-7:00AM OPEN GYM | 5:30AM-12:30PM | 5:30AM-7:00AM OPEN GYM | 5:30AM-1:00PM | 5:30AM-12:30PM | 7:00AM-9:00AM PICKLEBALL | |
| | 7:00AM-8:00AM BOOTCAMP CLASS | | 7:00AM-8:00AM BOOTCAMP CLASS | | | 7:00AM-9:00AM OPEN GYM | |
| | 8:00AM-1:00PM OPEN GYM | | 8:00AM-12:00PM OPEN GYM | OPEN GYM | OPEN GYM | 11:00AM-12:30PM | |
| | 1:00PM-3:00 PM OPEN GYM | | OPEN GYM | | | SPECIAL OLYMPICS VOLLEYBALL | |
| | 3:00PM-5:00PM Pickleball | | 12:00PM-1:00PM HIIT FITNESS CLASS | OPEN GYM | | 12:30PM-4:00PM OPEN GYM | |
| | 5:00PM-6:00PM OPEN GYM | 12:30PM-3:30PM OPEN GYM | 1:00PM-3:00PM OPEN GYM | 3:00PM-5:00PM Pickleball | 12:30PM-3:30PM OPEN GYM | *Y closes at 4:00pm PICKLEBALL | 1:00PM-3:00PM |
| | 6:00-8:00PM TAE KWON DO | 5:00PM-6:00PM OPEN GYM | 5:00PM-6:00PM OPEN GYM | 5:00PM-6:00PM OPEN GYM | 3:30PM-5:30PM Pickleball | ALL LEVELS | 3:00PM-5:00PM |
| | 8:00-9:00PM OPEN GYM | 6:00-8:00PM FUTSAL REC | 6:00PM-7:00PM GYM & SWIM | 6:00PM-8:00PM FUTSAL REC | 5:30 PM-7:00 PM Pickleball | *Y closes at 7:00pm | OPEN GYM |
| | *Y closes at 9:00pm | *Y closes at 9:00pm | *Y closes at 9:00pm | | | | *Y closes at 5:00pm |
| *Y closes at 9:00pm | | *Y closes at 9:00pm | | *Y closes at 9:00pm | | *Y closes at 5:00pm | |

| F I S H E R G Y M | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|--------|
| | 5:30AM-7:00AM OPEN GYM | 7:00AM-8:30AM OPEN BASKETBALL | |
| | 7:00AM-9:00AM BEFORE AND AFTER SCHOOL PROGRAM | 8:30AM-10:00AM Mini & Big Basketball | |
| | 9:00AM-11:00AM PICKLEBALL | 9:00AM-11:00AM PICKLEBALL | 9:00AM-11:00AM PICKLEBALL | 9:00AM-11:00AM PICKLEBALL | 9:00AM-11:00AM PICKLEBALL | 10:00AM-12:00PM | |
| | BEGINNER LEVEL ALL LEVELS | | BEGINNER LEVEL ALL LEVELS | | BEGINNER LEVEL ALL LEVELS | Soccer Skills Workshop PRE REGISTRATION REQUIRED | |
| | 11:00AM-1:00PM PICKLEBALL | 11:00AM-1:00PM PICKLEBALL | 11:00AM-1:00PM PICKLEBALL | 11:00AM-1:00PM PICKLEBALL | 11:00AM-1:00PM PICKLEBALL | 12:00PM-1:00PM OPEN GYM | |
| | 1:00PM-3:00PM PICKLEBALL | 1:00PM-3:00PM OPEN GYM | 1:00PM-3:00PM PICKLEBALL | 1:00PM-3:00PM OPEN GYM | 1:00PM-3:00PM OPEN GYM | 1:00PM-3:00PM PICKLEBALL | |
| | 3:00PM-4:00PM OPEN GYM | 1:00PM-3:00PM PICKLEBALL | |
| | 4:00PM-5:30PM BEFORE AND AFTER SCHOOL PROGRAM | 4:00PM-5:00PM BEFORE AND AFTER SCHOOL PROGRAM | 3:00PM-4:00PM OPEN GYM | |
| | 5:30PM-07:30PM OPEN GYM | 5:30PM-7:00PM PICKLEBALL | 5:30PM-9:00PM PICKLEBALL | 5:30PM-9:00PM PICKLEBALL | 5:00PM-7:00PM OPEN GYM | *Y closes at 4:00pm | |
| | 7:30PM-9:00PM OPEN GYM | 7:00PM-9:00PM PICKLEBALL | | | | | |
| | *Y closes at 9:00pm | *Y closes at 9:00pm | *Y closes at 9:00pm | | | | |
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Specific Dates/Events (GYM Schedule will be affected)

PLEASE BE ADVISED OF POTENTIAL CHANGES FOR ALL DAY CARE. JANUARY 24TH THERE IS A BIRTHDAY PARTY IN FISHER GYM FROM 12:00-1:00
Corporate Basketball Starts on January 7th. Wednesday Night Gym Availability is limited as a result.

SCHEDULE SUBJECT TO CHANGE