

K I N G  A L E X A N D E R  G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	7:00AM-9:00AM	UPDATED 01/15/2025
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	
	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	9:00AM-11:00AM	12:00PM-1:00PM
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		OPEN GYM
	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	PICKLEBALL	1:00PM-3:00PM
	ADULT BASKETBALL MEMBERS ONLY NO GUESTS	Adult Basketball Open Gym	ADULT BASKETBALL MEMBERS ONLY NO GUESTS	Adult Basketball Open Gym	ADULT BASKETBALL MEMBERS ONLY NO GUESTS		
	2:00PM-5:30PM	2:00PM-3:00PM	2:00PM-3:00PM	2:00PM-5:30PM	2:00PM-7:00PM	11:00AM-4:00PM	OPEN GYM
	OPEN GYM	OPEN GYM	OPEN GYM			OPEN GYM	ALL LEVELS 3:00PM-5:00PM
5:30PM-9:00PM	YOUNG LIFE BASKETBALL	OPEN GYM	OPEN GYM	OPEN GYM	*Y closes at 4:00pm	OPEN GYM	
PICKLEBALL	5:00PM-5:30PM OPEN GYM	PRE REGISTRATION REQUIRED	5:00PM-9:00PM	5:00PM-9:00PM			
	5:30PM-7:00PM	5:30PM-9:00PM			*Y closes at 7:00pm		*Y closes at 5:00pm
	SAMS Program/Open Gym if not used						
	7:00PM-9:00PM OPEN GYM	CORPORATE BASKETBALL	OPEN GYM				
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm				
E D W A R D S  G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM OPEN GYM	5:30AM-12:30PM	5:30AM-7:00AM OPEN GYM	5:30AM-1:00PM	5:30AM-12:30PM	7:00AM-9:00AM	
	7:00AM-8:00AM BOOTCAMP CLASS		7:00AM-8:00AM BOOTCAMP CLASS			PICKLEBALL	
	8:00AM-1:00PM		8:00AM-12:00PM	OPEN GYM		7:00AM-9:00AM OPEN GYM	
	OPEN GYM	OPEN GYM			OPEN GYM	11:00AM-12:30PM	
	1:00PM-3:00 PM		OPEN GYM			SPECIAL OLYMPICS VOLLEYBALL	12:00PM-1:00PM
	OPEN GYM			1:00PM-3:00PM			OPEN GYM
	3:00PM-5:00PM Pickleball		12:00PM-1:00PM HIIT FITNESS CLASS	OPEN GYM		12:30PM-4:00PM	1:00PM-3:00PM
	5:00PM-6:00PM	12:30PM-3:30PM	1:00PM-3:00PM	3:00PM-5:00PM	12:30PM-3:30PM	OPEN GYM	
	OPEN GYM	OPEN GYM	OPEN GYM	Pickleball	OPEN GYM	*Y closes at 4:00pm	PICKLEBALL
		3:30PM-5:00PM	3:00PM-5:00PM		3:30PM-5:30PM		ALL LEVELS 3:00PM-5:00PM
		Pickleball	Pickleball	5:00PM-6:00PM	Pickleball		
	6:00-8:00PM	5:00PM-6:00PM	5:00PM-6:00PM	OPEN GYM	ALL LEVELS		
	TAE KWON DO	OPEN GYM	OPEN GYM	6:00PM-8:00PM	5:30 PM-7:00 PM		OPEN GYM
8:00-9:00PM	6:00-8:00PM	6:00PM-7:00PM GYM & SWIM	FUTSAL REC	Pickleball			
OPEN GYM	FUTSAL REC	7:00PM-9:00PM	8:00-9:00PM	*Y closes at 7:00pm		*Y closes at 5:00pm	
	8:00-9:00PM OPEN GYM	OPEN GYM	OPEN GYM				
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm					
F I S H E R  G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	7:00AM-8:30AM	
	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	OPEN BASKETBALL	
	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	8:30AM-10:00AM	
	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	Mini & Big Basketball	
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	10:00AM-12:00PM	12:00PM-1:00PM
	BEGINNER LEVEL	ALL LEVELS	BEGINNER LEVEL	ALL LEVELS	BEGINNER LEVEL	Soccer Skills Workshop	OPEN GYM
	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	PRE REGISTRATION REQUIRED 12:00PM-1:00PM	
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL		1:00PM-3:00PM
	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	OPEN GYM	PICKLEBALL
	PICKLEBALL	OPEN GYM	PICKLEBALL	OPEN GYM	OPEN GYM		ALL LEVELS 3:00PM-5:00PM
	3:00PM-4:00PM	3:00PM-4:00PM		3:00PM-4:00PM	3:00PM-4:00PM		
	OPEN GYM	OPEN GYM	3:00PM-4:00PM OPEN GYM	OPEN GYM	OPEN GYM	1:00PM-3:00PM	PICKLEBALL
	4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:00PM	PICKLEBALL	*Y closes at 5:00pm
	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	3:00PM-4:00PM OPEN GYM	
5:30PM-07:30PM	5:30PM-7:00PM	5:30PM-9:00PM	5:30PM-9:00PM	5:00			