

**GYM SCHEDULE – 2026 - March 20th - March 31st**

K I N G  A L E X A N D E R  G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	7:00AM-9:00AM	3/18/2026
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	
	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	9:00AM-11:00AM	12:00PM-1:00PM
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		OPEN GYM
	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	PICKLEBALL	1:00PM-3:00PM
	ADULT BASKETBALL MEMBERS ONLY NO GUESTS	Adult Basketball Open Gym	ADULT BASKETBALL MEMBERS ONLY NO GUESTS	Adult Basketball Open Gym	ADULT BASKETBALL MEMBERS ONLY NO GUESTS		
	2:00PM-5:30PM	2:00PM-3:00PM	2:00PM-3:00PM	2:00PM-5:30PM	2:00PM-8:00PM	11:00AM-4:00PM	OPEN GYM
	OPEN GYM	OPEN GYM	OPEN GYM			OPEN GYM	ALL LEVELS
	5:30PM-9:00PM	3:00PM-5:00PM	3:00PM-5:00PM	OPEN GYM		*Y closes at 4:00pm	3:00PM-5:00PM
	YOUNG LIFE BASKETBALL	OPEN GYM		OPEN GYM		OPEN GYM	
	5:00PM-5:30PM	PRE REGISTRATION REQUIRED					
PICKLEBALL	OPEN GYM	5:00PM-9:00PM	5:00PM-9:00PM	5:00PM-9:00PM		*Y closes at 5:00pm	
	5:30PM-7:00PM						
	SAMS Program/Open Gym if not used	Pickleball League	OPEN GYM				
	7:00PM-9:00PM						
	OPEN GYM						
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 8:00pm			

E D W A R D S  G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM	5:30AM-12:30PM	5:30AM-7:00AM	5:30AM-1:00PM	5:30AM-12:30PM	7:00AM-9:00AM	
	OPEN GYM		OPEN GYM			PICKLEBALL	
	7:00AM-8:00AM		7:00AM-8:00AM			9:00AM-11:00AM	
	BOOTCAMP CLASS		BOOTCAMP CLASS			VolleyBall Clinic	
	8:00AM-1:00PM		8:00AM-12:00PM	OPEN GYM		11:00AM-12:30PM	
	OPEN GYM	OPEN GYM			OPEN GYM		
	1:00PM-3:00 PM		OPEN GYM			SPECIAL OLYMPICS VOLLEYBALL	12:00PM-1:00PM
	OPEN GYM			1:00PM-3:00PM			OPEN GYM
	3:00PM-5:00PM		12:00PM-1:00PM	OPEN GYM		12:30PM-4:00PM	1:00PM-3:00PM
PICKLEBALL	12:30PM-3:30PM	HIIT FITNESS CLASS	3:00PM-5:00PM	12:30PM-3:30PM	OPEN GYM		
5:00PM-6:00PM	OPEN GYM	1:00PM-3:00PM	PICKLEBALL	OPEN GYM	*Y closes at 4:00pm	PICKLEBALL	
OPEN GYM	3:30PM-5:00PM	3:00PM-5:00PM	5:00PM-6:00PM	3:30PM-5:30PM			
	PICKLEBALL	PICKLEBALL	OPEN GYM	ALL LEVELS		ALL LEVELS	
6:00-8:00PM	5:00PM-6:00PM	5:00PM-6:00PM		5:30 PM-7:00 PM		3:00PM-5:00PM	
TAE KWON DO	OPEN GYM	OPEN GYM	6:00PM-8:00PM	PICKLEBALL		OPEN GYM	
8:00-9:00PM	6:00-8:00PM	6:00PM-7:00PM	FUTSAL REC		7:00PM-8:00PM		
OPEN GYM	FUTSAL REC	GYM & SWIM	8:00-9:00PM	OPEN GYM		*Y closes at 5:00pm	
	8:00-9:00PM	7:00PM-9:00PM	OPEN GYM				
	OPEN GYM	OPEN GYM					
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 8:00pm			

F I S H E R  G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	7:00AM-8:30AM	
	OPEN GYM	OPEN BASKETBALL					
	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	8:30AM-10:00AM	
	BEFORE AND AFTER SCHOOL PROGRAM	Mini & Big					
	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	10:00AM-12:00PM	
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	OPEN GYM	12:00PM-1:00PM
	BEGINNER LEVEL	ALL LEVELS	BEGINNER LEVEL	ALL LEVELS	BEGINNER LEVEL		OPEN GYM
	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	12:00PM-1:00PM	
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL		1:00PM-3:00PM
1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	OPEN GYM	PICKLEBALL	
PICKLEBALL	OPEN GYM	PICKLEBALL	OPEN GYM	OPEN GYM		ALL LEVELS	
3:00PM-4:00PM	3:00PM-4:00PM	3:00PM-4:00PM	3:00PM-4:00PM	3:00PM-4:00PM	1:00PM-3:00PM	3:00PM-5:00PM	
OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		PICKLEBALL	
4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:00PM	PICKLEBALL	*Y closes at 5:00pm	
BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	3:00PM-4:00PM		
5:30PM-07:30PM	5:30PM-7:00PM	5:00PM-9:00PM	5:30PM-9:00PM	5:00PM-8:00PM	OPEN GYM		
OPEN GYM					*Y closes at 4:00pm		
7:30PM-9:00PM	PICKLEBALL	PICKLEBALL League	PICKLEBALL	OPEN GYM			
			INTERMEDIATE/ADVANCED LEVELS				
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 8:00pm			

**Specific Dates/Events ( Gym Schedule will be affected)**  
 Special Olympics Volleyball will be in Edwards Gym from 11:00-12:30 PM every Saturday  
 Pickleball League begins on March 25. Wednesday Night Gym Availability is limited as a result.

SCHEDULE SUBJECT TO CHANGE