

GYM SCHEDULE - 2026 - May 22nd - May 26th

K I N G A L E X A N D E R G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	7:00AM-9:00AM	UPDATED 05/21/2026
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	
	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	9:00AM-11:00AM	12:00PM-1:00PM
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		OPEN GYM
	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00PM Adult Basketball Open Gym	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00PM Adult Basketball Open Gym	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	PICKLEBALL	1:00PM-3:00PM
	2:00PM-5:30PM	2:00PM-9:00PM	2:00PM-3:00PM	2:00PM-5:30PM	2:00PM-8:00PM	11:00AM-4:00PM	OPEN GYM
OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	ALL LEVELS 3:00PM-5:00PM	
5:30PM-9:00PM		3:00PM-9:00PM				5:00PM-9:00PM	*Y closes at 4:00pm
PICKLEBALL		OPEN GYM	OPEN GYM			*Y closes at 5:00pm	
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 8:00pm			

E D W A R D S G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM	5:30AM-12:30PM	5:30AM-7:00AM	5:30AM-1:00PM	5:30AM-12:30PM	7:00AM-9:00AM	
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	PICKLEBALL	
	7:00AM-8:00AM		7:00AM-8:00AM			9:00AM-11:00AM	
	BOOTCAMP CLASS		BOOTCAMP CLASS	OPEN GYM	OPEN GYM		
	8:00AM-1:00PM		8:00AM-12:00PM	12:00PM-1:00PM	12:30PM-3:30PM	11:00AM-12:30PM	
	OPEN GYM	OPEN GYM	OPEN GYM	1:00PM-3:00PM	SPECIAL OLYMPICS VOLLEYBALL	12:00PM-1:00PM	
	1:00PM-3:00 PM	OPEN GYM	12:00PM-1:00PM	OPEN GYM	12:30PM-4:00PM	OPEN GYM	
	3:00PM-5:00PM	12:30PM-3:30PM	HIIT FITNESS CLASS	3:00PM-5:00PM	OPEN GYM	1:00PM-3:00PM	
	Pickleball	OPEN GYM	1:00PM-3:00PM	Pickleball	*Y closes at 4:00pm	PICKLEBALL	
	5:00PM-5:30PM	3:30PM-5:00PM	3:00PM-5:00PM	5:00PM-6:00PM	3:30PM-5:30PM	ALL LEVELS 3:00PM-5:00PM	
	OPEN GYM	Pickleball	Pickleball	OPEN GYM	Pickleball	OPEN GYM	
	5:30-8:00PM	5:00PM-6:00PM	5:00PM-9:00PM	6:00PM-8:00PM	5:30 PM-7:00 PM		
TAE KWON DO	OPEN GYM		FUTSAL REC	Pickleball			
8:00-9:00PM	6:00-8:00PM	OPEN GYM	8:00-9:00PM	7:00PM-8:00PM			
OPEN GYM	FUTSAL REC		OPEN GYM	OPEN GYM	*Y closes at 5:00pm		
*Y closes at 9:00pm	8:00-9:00PM	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 8:00pm			
	OPEN GYM						
	*Y closes at 9:00pm						

F I S H E R G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	7:00AM-8:30AM	
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN BASKETBALL	
	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	8:30AM-1:00PM	
	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM		
	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM		12:00PM-1:00PM
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL		OPEN GYM
	BEGINNER LEVEL	ALL LEVELS	BEGINNER LEVEL	ALL LEVELS	BEGINNER LEVEL	OPEN GYM	1:00PM-3:00PM
	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM		PICKLEBALL
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL		ALL LEVELS 3:00PM-5:00PM
	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM		
	PICKLEBALL	OPEN GYM	PICKLEBALL	OPEN GYM	OPEN GYM		PICKLEBALL
	3:00PM-4:00PM	3:00PM-4:00PM	3:00PM-4:00PM	3:00PM-4:00PM	3:00PM-4:00PM	1:00PM-3:00PM	*Y closes at 5:00pm
OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM			
4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:00PM	PICKLEBALL		
BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	3:00PM-4:00PM		
5:30PM-07:30PM	5:30PM-6:00PM	5:30PM-6:00PM	5:30PM-9:00PM	5:00PM-8:00PM	OPEN GYM		
OPEN GYM	OPEN GYM				*Y closes at 4:00pm		
7:30PM-9:00PM	6:00PM-9:00PM	OPEN GYM	PICKLEBALL	OPEN GYM			
OPEN GYM	PICKLEBALL		INTERMEDIATE/ADVANCED LEVELS				
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 8:00pm			

Specific Dates/Events (GYM Schedule will be affected)

Closed May 25 for Memorial Day