GYM SCHEDULE – 2026 – November 1st – November 30th

KING ALEXANDER GYM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM							UPDATED 10/29/2026
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM	**5:30AM–11:00AM** PICKLEBALL	**5:30AM–11:00AM** PICKLEBALL	**5:30AM–11:00AM** PICKLEBALL	**5:30AM–11:00AM** PICKLEBALL	**5:30AM–11:00AM** PICKLEBALL	**7:00AM–11:00AM** PICKLEBALL	
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM	**11:00AM–12:00PM** OPEN GYM	**11:00AM–12:00PM** OPEN GYM	**11:00AM–12:00PM** OPEN GYM	**11:00AM–12:00PM** OPEN GYM	**11:00AM–12:00PM** OPEN GYM		
11:30 AM							
12:00 PM	**12:00PM–2:00PM** ADULT BASKETBALL **Members Only | NO GUESTS**	**12:00PM–2:00PM** ADULT BASKETBALL	**12:00PM–2:00PM** ADULT BASKETBALL **Members Only | NO GUESTS**	**12:00PM–2:00PM** ADULT BASKETBALL	**12:00PM–2:00PM** ADULT BASKETBALL **Members Only | NO GUESTS**	**11:00AM–4:00PM** OPEN GYM	
12:30 PM							
1:00 PM							**12:00PM–5:00PM** OPEN GYM
1:30 PM							
2:00 PM	**2:00PM–5:30PM** OPEN GYM	**2:00PM–3:00PM** OPEN GYM	**2:00PM–3:00PM** OPEN GYM	**2:00PM–9:00PM** OPEN GYM	**2:00PM–8:00PM** OPEN GYM		
2:30 PM							
3:00 PM		**3:00PM–5:00PM** YOUNG LIFE BASKETBALL	**3:00PM–5:00PM** PICKLEBALL CLINIC			*Y closes at 4:00PM	
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM		**5:00PM–9:00PM** OPEN GYM	**5:00PM–7:00PM** PICKLEBALL				*Y closes at 5:00PM
5:30 PM	**5:30PM–9:00PM** PICKLEBALL						
6:00 PM							
6:30 PM							
7:00 PM			**7:00PM–9:00PM** OPEN GYM				
7:30 PM							
8:00 PM					*Y closes at 8:00PM		
8:30 PM							
9:00 PM	*Y closes at 9:00PM	*Y closes at 9:00PM	*Y closes at 9:00PM	*Y closes at 9:00PM			

EDWARDS GYM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM	**5:30AM–7:00AM** OPEN GYM		**5:30AM–7:00AM** OPEN GYM				
6:00 AM							
6:30 AM							
7:00 AM	**7:00AM–8:00AM** BOOTBAMP CLASS	**5:30AM–9:30AM** OPEN GYM	**7:00AM–8:00AM** BOOTBAMP CLASS			**7:00AM–9:00AM** PICKLEBALL	
7:30 AM							
8:00 AM							
8:30 AM			**8:00AM–11:30AM** OPEN GYM				
9:00 AM							
9:30 AM		**9:30AM–10:30AM** PERSONAL TRAINING					
10:00 AM				**5:30AM–3:00PM** OPEN GYM	**5:30AM–3:30PM** OPEN GYM		
10:30 AM	**8:00AM–3:00PM** OPEN GYM					**9:00AM–4:00PM** OPEN GYM	**12:00PM–1:00PM** OPEN GYM
11:00 AM		**10:30AM–3:00PM** OPEN GYM					
11:30 AM			**11:30AM–1:00PM** CYCLE & CONDITIONING				**1:00PM–3:00PM** PICKLEBALL
12:00 PM							
12:30 PM			**1:00PM–3:00PM** OPEN GYM				
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM	**3:00PM–5:30PM** PICKLEBALL	**3:00PM–5:00PM** PICKLEBALL	**3:00PM–5:00PM** PICKLEBALL	**3:00PM–5:00PM** PICKLEBALL			**3:00PM–5:00PM** OPEN GYM
3:30 PM							
4:00 PM						*Y closes at 4:00PM	
4:30 PM							
5:00 PM		**5:00PM–6:00PM** OPEN GYM	**5:00PM–9:00PM** OPEN GYM	**5:00PM–6:00PM** OPEN GYM	**3:30PM–8:00PM** PICKLEBALL		*Y closes at 5:00PM
5:30 PM	**5:30PM–8:00PM** TAE KWON DO						
6:00 PM		**6:00PM–8:00PM** FUTSAL REC		**6:00PM–8:00PM** FUTSAL REC			
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM	**8:00PM–9:00PM** OPEN GYM	**8:00PM–9:00PM** OPEN GYM		**8:00PM–9:00PM** OPEN GYM	*Y closes at 8:00PM		
8:30 PM							
9:00 PM	*Y closes at 9:00PM	*Y closes at 9:00PM	*Y closes at 9:00PM	*Y closes at 9:00PM			

FISHER GYM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM	**5:30AM–6:30AM** OPEN GYM	**5:30AM–6:30AM** OPEN GYM	**5:30AM–6:30AM** OPEN GYM	**5:30AM–6:30AM** OPEN GYM	**5:30AM–6:30AM** OPEN GYM	**Fisher Gym schedule may be affected by rentals (Please Call to Confirm Schedule)**	
6:00 AM							
6:30 AM							
7:00 AM	**6:30AM–9:00AM** BEFORE & AFTER SCHOOL PROGRAM	**6:30AM–9:00AM** BEFORE & AFTER SCHOOL PROGRAM	**6:30AM–9:00AM** BEFORE & AFTER SCHOOL PROGRAM	**6:30AM–9:00AM** BEFORE & AFTER SCHOOL PROGRAM	**6:30AM–9:00AM** BEFORE & AFTER SCHOOL PROGRAM		
7:30 AM							
8:00 AM						**7:00AM–12:00PM** OPEN GYM	
8:30 AM							
9:00 AM							
9:30 AM		**9:00AM–1:00PM** PICKLEBALL		**9:00AM–1:00PM** PICKLEBALL	**9:00AM–1:00PM** PICKLEBALL		
10:00 AM							
10:30 AM			**9:00AM–3:00PM** PICKLEBALL				**12:00PM–1:00PM** OPEN GYM
11:00 AM	**9:00AM–3:30PM** PICKLEBALL					**12:00PM–2:00PM** PICKLEBALL	
11:30 AM							
12:00 PM							
12:30 PM		**1:00PM–3:30PM** OPEN GYM		**1:00PM–3:30PM** OPEN GYM	**1:00PM–3:30PM** OPEN GYM		**1:00PM–5:00PM** PICKLEBALL
1:00 PM						**2:00PM–4:00PM** OPEN GYM	
1:30 PM							
2:00 PM							
2:30 PM						*Y closes at 4:00PM	
3:00 PM							
3:30 PM	**3:30PM–5:30PM** BEFORE & AFTER SCHOOL PROGRAM	**3:30PM–5:30PM** BEFORE & AFTER SCHOOL PROGRAM		**3:30PM–5:30PM** BEFORE & AFTER SCHOOL PROGRAM	**3:30PM–5:30PM** BEFORE & AFTER SCHOOL PROGRAM		
4:00 PM							
4:30 PM							
5:00 PM							*Y closes at 5:00PM
5:30 PM		**5:30PM–6:00PM** OPEN GYM	**3:00PM–9:00PM** OPEN GYM				
6:00 PM	**5:30PM–7:30PM** PICKLEBALL CLINIC	**6:00PM–7:00PM** SAM'S PROGRAM		**5:30PM–9:00PM** OPEN GYM	**5:30PM–8:00PM** OPEN GYM		
6:30 PM							
7:00 PM		**7:00PM–9:00PM** PICKLEBALL					
7:30 PM	**7:30PM–9:00PM** OPEN GYM						
8:00 PM					*Y closes at 8:00PM		
8:30 PM							
9:00 PM	*Y closes at 9:00PM	*Y closes at 9:00PM	*Y closes at 9:00PM	*Y closes at 9:00PM			

Specific Dates/Events (GYM Schedule will be affected) ***** NEW WINTER HOURS*****

November 6th, 11th, 25th and 30th are All DAY CARE dates. Please be advised this may change gym spaces being used on these days

SCHEDULE SUBJECT TO CHANGE