



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# RUNNING

## SUMMER SPORT CAMP

August 10 - August 13 | 9:00 AM - 12:00 PM

Our Youth Running Camp is designed for those who want to get faster, feel stronger, and run with confidence. This camp will focus on improving stamina, short distance speed and sprinting.

**Participants in 6<sup>th</sup> - 12<sup>th</sup> Grade**

**Members: \$85 | Non-Members: \$95**

Instructed by Healthy Living Director Ben Pessah-Berlin



Scan the QR Code  
to register online.

Ben Pessah-Berlin | 717-263-8508 | [bpessahberlin@chbgy.org](mailto:bpessahberlin@chbgy.org)