



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN SKILLS GAIN CONFIDENCE

Tae Kwon Do



Mondays

6:30 PM – 7:30 PM

Monthly Registration

Ages 10 – Adult

Featuring Grandmaster Thompson

Since the mid 1970's, Grandmaster Thompson has been teaching the Korean style of martial arts at the Chambersburg YMCA. The program then and now is designed to develop discipline, self-defense, confidence, physical fitness, flexibility, balance and socialization.

MONTHLY RATES

Household Member: \$20 | Member: \$24

Non-Member: \$35

A STRONGER MIND & BODY

Chambersburg Memorial YMCA

www.chbgy.org | 717-263-8508

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